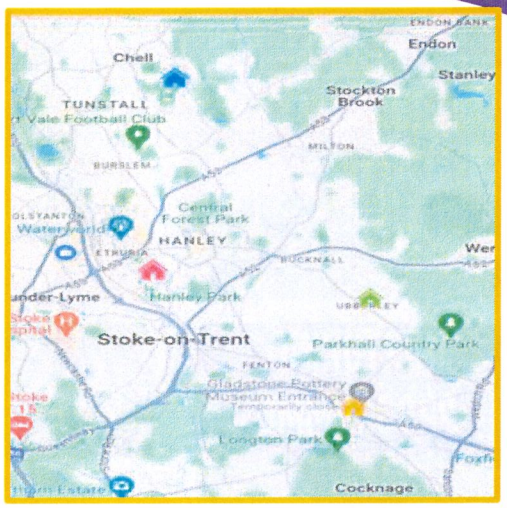
FAMILY HUBS

Bentilee Family Hub, Dawlish Drive, Bentilee ST2 0HW
Tel: (01782) 233670 Email: supportingfamiliesse@stoke.gov.uk

Westfield Family Hub, Buccleuch Rd, Normacot, ST3 4RF
Tel: (01782) 237500 Email: supportingfamiliessw@stoke.gov.uk

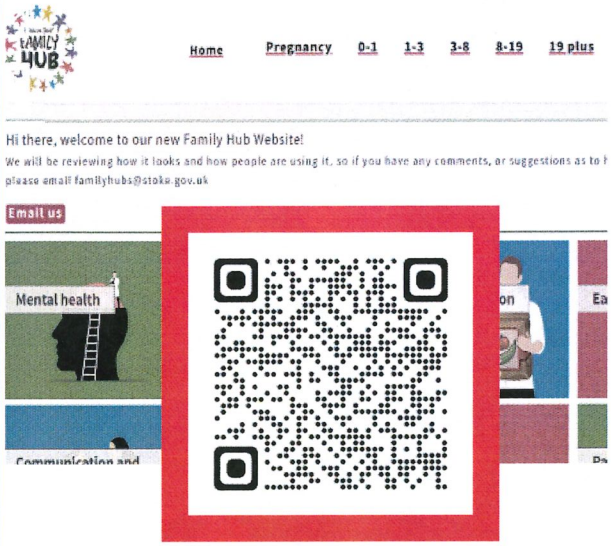
Thomas Boughey Children's Centre, College Rd, Shelton, ST4 2DQ
Tel (01782) 237100 Email: supportingfamiliescentral@stoke.gov.uk

Stoke North Children's Centre, Bishop Rd, Chell Heath, ST6 6QW
Tel (01782) 232977 Email: supportingfamiliesnorth@stoke.gov.uk



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Your one stop shop for information, advice and support
https://familyhub.stoke.gov.uk/



Family Hub Facebook

The number one place for information on groups, activities and events
https://www.facebook.com/stokefamilyhubs



familyhubs@stoke.gov.uk
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FREE

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ANTENATAL GROUP



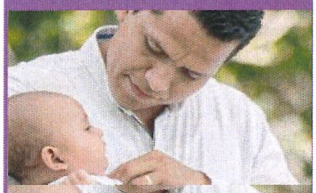
for parents and carers expecting a baby

POSTNATAL GROUP



for parents and carers with a baby aged 0 – 9 months

ENJOY YOUR BABY



for parents and carers with a baby aged 0 – 9 months

PLAYFUL PARENTING



for parents and carers of toddlers from 1 - 3 years Bring your toddler along to make some friends!

NURTURING PROGRAMME



for parents and carers of children from 4 - 10 years

TALKING TEENS



for parents and carers of teenagers from 11 - 17 years

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the Breastfeeding network
Stoke -on-Trent

Get support and companionship at any stage of your feeding journey



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@Bentilee Family Hub
12.30-2pm

Wednesdays
(*fortnightly)
@Tunstall Family Hub
12.30-2pm

Thursdays
@Thomas Boughey Family Hub
10 - 11.30am

Fridays
@Westfield Family Hub, Normacot
10-11.30am

How can we help you?

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- Pain or soreness while feeding
- Transitioning on from breastfeeding/ chestfeeding
- Free antenatal feeding workshops
- Meet other parents & grandparents
- Fresh air and a walk with company
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anya

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anya.health/stoke-on-trent



*Premium upgrade is valid for pregnancy and until your baby is 3 months old, or 3 months from enrolment for postnatal sign-ups. Anya is a lactation and parenting support app and information received does not amount to medical advice.

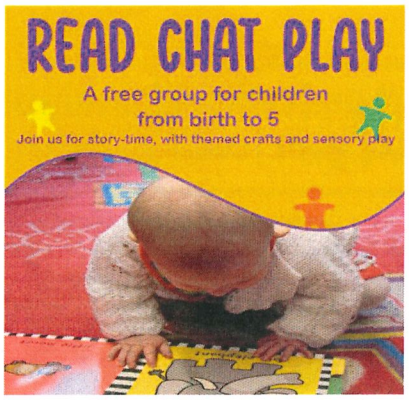
The Dad Pad®

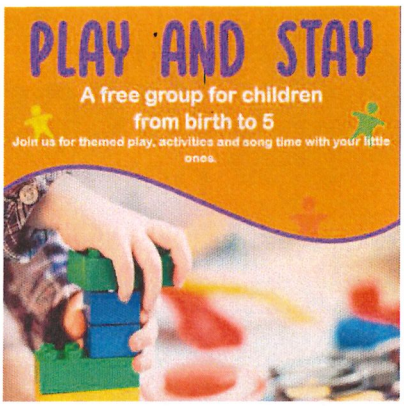
Free for families in Stoke-on-Trent!

DadPad gives new Dads and Dads-to-be the knowledge and skills needed to give their baby the best start in life.

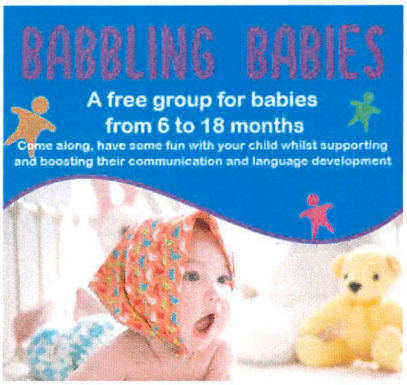


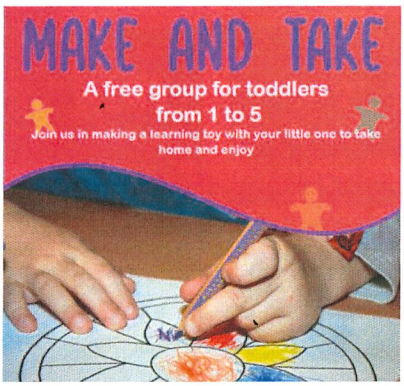
FIVE FREE GROUPS FOR UNDER FIVE'S

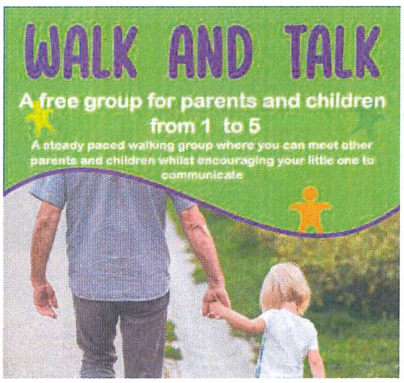




To get more information visit facebook.com/stokefamilyhubs or email familyhubs@stoke.gov.uk

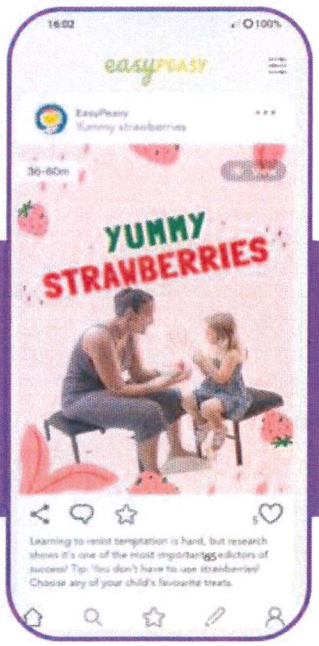






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City of Stoke-on-Trent

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