magic breakfast
fuel for learning

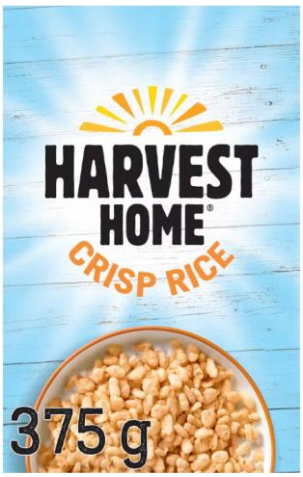
Harvest Home Crisp Rice Allergens, Ingredients and Nutrition

Nestle ® Harvest Home ® Crisp Rice

Ingredients:
Rice, Sugar, Barley Malt Extract, Salt, Iron, Vitamin D, B3, B5, B12, B9, B6, B2, B1.

Allergen Information:
***Barley** malt extract (gluten)*

Additional Information:



Nutritional Profile	Per 100g	Per 30g serving*	% RI per serving
Energy	385 kcal	116 kcal	6%
Fat	1.3g	0.4g	<1%
Saturated Fat	0.4g	0.1g	<1%
Carbohydrates	84.8g	25.4g	
Sugars	4.9g	1.5g	2%
Fibre	1.6g	0.5g	
Protein	7.9g	2.4g	
Salt	0.53g	0.16g	3%

**This is the manufacturer's suggested serving size (not by age).*

Primary	Secondary
30g - 40g	40g - 50g